



COLLINSVILLE STATE HIGH SCHOOL



SUN SAFE AND HEAT POLICY

North Queensland has the highest rate of skin cancer in the world and, at times, also experiences very high temperatures. As a result, Collinsville SHS implements the following measures to minimise the risk of students developing skin cancer and heat related illnesses.

Collinsville SHS Sun Safe and Heat Policy for timetabled HPE and sport classes:

- All students (Years 7-12) involved in any timetabled HPE or Sport class which is outdoors must wear a hat or cap (worn correctly) during the lesson.
- Students who do not have a hat to wear during a class lesson will be supplied with one from the Physical Education department's communal supply and required to wear this hat for the duration of the lesson.
- Students who regularly fail to bring their own hat will be given a detention or litter duty and parents will be contacted.
- Teachers taking HPE and Sport classes will act as good role models by wearing hats during outdoor classes.
- To complement the wearing of hats during HPE and sport lessons as a means of reducing skin cancer, SPF50 sunscreen will be available from the sport shed for use by any student involved in outdoor activities.
- Teachers will provide adequate opportunities for students to take drink breaks during each lesson. Students need to bring a drink bottle to school for daily use.
- During times where temperatures are high, teachers will determine physical activities that best fit the climate, class and circumstance.

Collinsville SHS Sun Safe and Heat Policy for lunchtimes and excursions:

- All students will also be required to wear hats when engaging in physical activity outside during lunchtimes. PGD teachers are asked to enforce this expectation.
- Students attending an excursion which is primarily outdoors must wear a hat. This hat needs to be provided by the student as spare hats may not be available.
- Students need to be taking regular breaks at lunchtime and including regular drink breaks.